

Women's Heart Health by the Numbers

1

Rank of cardiovascular disease in **causes of death among women**

2 out of 3

Number of American women with **at least one risk factor** for heart disease

1 out of 2

Number of American women who **will develop heart and vascular disease**

8 million

Approximate **number of American women currently living with heart disease**; 35,000 of which are under age 65

12 times

Number of women who **die of heart disease**, compared to those who **die of breast cancer**

8.6 million

Approximate **number of women who die of heart disease every year worldwide**, accounting for one third of all deaths in women

35

Percentage of women who have **suffered one heart attack that are at risk for a second attack** within six years

71

Percentage of women who **experience early warning signs of heart attack** that are milder and **do not fit male symptoms**

42

Percentage of women who **die within one year of having a heart attack**, compared to 24% of men

50

The age under which **women's heart attacks are twice as likely as men's to be fatal**

67

Percentage of women who **die from heart attacks that have no history of chest pain**

40-59

Women in this age range are up to **4 times more likely to die from heart bypass surgery than men** of the same age

2

The percentage of the **NIH budget that is dedicated to heart disease prevention** through healthy lifestyle changes

24

Percentage of **participants in all heart-related studies that are women**, despite the fact that heart disease in women is an epidemic